GRAPEVINE
VISITACION·VALLEY

NUMBER 219 | SERVING OUR COMMUNITY | OCTOBER 2004

Celebrating the Completion of a Community Mural Project

Peace, love, and friendship describe some of the positive attributes neighborhood youth would like to see in their community, reflected in the inspiring artwork now found in a mural at the northeast corner of Sunnydale Avenue and Hahn Street.

Community resident B. Ray and YO!SF member Jamal Johnson got involved in the mural project.

Many young artists helped with the Mural Project, including YO!SF member Tenoriea Miller.

Many neighborhood residents gathered on Sept. 18 at the corner of Sunnydale Avenue and Hahn Street to celebrate completion of a community-wide mural project.

Along with many youth, a few older residents put their best hand forward to paint what has now become a visual future for the Sunnydale community.

Created along the west wall of the Little village Market – a neighborhood convenience store – the project was sponsored by the Mayor's Office, Department of Public Works and the Clean City Coalition. The mural itself was conceived by the Precita Eyes Community Center, members of YO!SF and community residents.

Hidden Cameras to Soon Monitor Areas Plagued by Excessive Dumping

In an effort to help curb excessive illegal dumping of trash that has plagued the southeast sector of San Francisco for years, the Department of Public Works (DPW) announced a pilot program that would have areas most vulnerable to scofflaws equipped with hidden cameras.

Although, proposed sites for the cameras were not immediately disclosed, DPW explained it would be working closely with other local agencies to set up and implement the program.

This proposed project joins in tandem with the City's latest effort to eradicate unsightly graffiti, as was detailed at the most recent in a series of town hall meetings held by Supervisor Sophie Maxwell on Sept. 25 at the Visitacion Valley Community Center.

Neighborhood residents were encouraged to become involved by calling 282-5336 (28-CLEAN) upon witnessing any acts of illegal dumping or graffiti.

New Valley Branch Library

Visitacion Valley's new *Branch Library*, which will be located on the southwest corner of Leland Avenue and Rutland Street, is now scheduled to break ground sometime in 2006. Plans for the new building were revised to include a building now containing 8,700 square feet.

New Light Rail Line

Muni announced that work on Segment F of the Third Street Light Rail Project is virtually complete on Bayshore Boulevard from Hester to Sunnydale Avenue, with only finishing work remaining on station platforms at both Sunnydale and Arleta avenues. Although trackage now abruptly ends on Bayshore at the county line with a turnback, a previously proposed eastward loop to connect with an expanded Caltrain Bayshore Station is still being discussed for possible construction sometime after the line opens in 2005. Meanwhile to the north, work continues along Segment E with occasional closures and detours on an expanded overpass on Bayshore at US101 where trackage is still being installed.

More Valley Housing

City Planning expressed interest in acquiring the Travel Lodge site adjacent to US101 for the construction of 140 units of housing with a maximum height limit of 40 feet.

Sharod's Law

Also discussed was legislation introduced by Supervisor Maxwell on Aug. 10 which would improve regulation of dance parties throughout the City and now known as Sharod's Law.

This legislation was named after 15 year-old Scharod Fleming who was gunned down on Jan. 18 outside of a hip-hop party in the Tenderloin. It would require permits to be issued for one-night events, as well as revisions in the police code to allow officers to better enfore and penalize violators.

Bayview Neighborhood Rescue Team Launched to Improve Quality of Life

City Attorney Dennis Herrera was joined at a City Hall press conference Aug. 24 by Mayor Gavin Newsom, District Attorney Kamala Harris, Supervisor Sophie Maxwell and representatives of a broad cross-section of city agencies to launch the *Bayview Neighborhood Rescue Team*, a coordinated initiative intended to better address neighborhood nuisances in the Bayview-Hunters Point District of San Francisco.

"Team Rescue is an exciting and unprecedented collaborative effort," said Mayor Newsom. "As mayor, I have made ending the violence in the Bayview a top priority. The Rescue Team's focus on improving quality of life is a critical part of this effort. My office is fully committed to working with the City Attorney and every agency involved to continue our efforts to make the Bayview a safe place to live for every resident."

The *Neighborhood Rescue Team* expands on a model the City Attorney's Office has employed for more than a decade known as the *Code Enforcement Task Force* which brings together inspectors from various city departments responsible for enforcing state and **See Page 8**

Two Walking Tours of Visitacion Valley

Visitacion Valley resident and local historian Cynthia Cox will be lead two City Guides-sponsored walking tours of the neighborhood on Saturday, Oct. 2.

Both tours will begin at the Visitacion Valley Branch Library at 45 Leland Ave with each lasting about two hours. Both tours are free, although donations to City Guides, a volunteer group, are welcome.

Beginning at 10 a.m., the first tour will focus on the Valley's commerce and transportation – past, present, and future – with a foray into the Spanish style Little Hollywood enclave and ending at the Silvestri Statuary showroom on Bayshore Boulevard and Sunnydale Avenue.

A somewhat strenuous second tour will start at 2 p.m. and concentrate on Visitacion Valley's rich community life – Eichler housing, a Julia Morgan church, landscaped greenways and more – all reflecting the rich history and emerging promise of the *Valley of the Windmills*.

Annual Valley Event Cancelled This Year

Technical difficulties have forced cancellation of this year's *Celebrate Visitacion Valley*, an annual local event originally scheduled for Oct. 16. Organizers are currently working to coordinate festivities for a possible September date in 2005.

Stabilization of Gasoline Prices in Northern California

After months of volatility, California drivers have seen some measure of stability return to prices at their local gas stations over the last several weeks. According to a new report by AAA of Northern California which tracks gas prices as a service to consumers, the average price for a gallon of regular unleaded gasoline in California is now $2.09. That is the same price as the statewide average detailed in the last AAA gas price report on Aug. 17.

"At least people who are on a tight budget have some idea how much of their checking account will be drained into their gas tanks," said Sean Comey, spokesman for AAA of Northern California.

Crude oil prices have dropped by nearly ten percent from a record high of nearly $50 per barrel in August, according to Bloomberg News. Every dollar decrease in the cost of a barrel of crude oil usually translates to a 2.5 cent per gallon drop in price at the gas pump.

Profit margins at California refineries appear to be edging upward, according to the California Energy Commission, offsetting some potential benefits to consumers that would be expected to result from declining crude oil prices.

The lowest price among California cities tracked by AAA is in Marysville, where gas costs an average of $1.98 per gallon. The most expensive average gas price in the state was in Eureka, with regular unleaded at $2.31 a gallon. Northern California's average price was $2.09, and it was $2.11 in the Bay Area.

The nationwide average price is now $1.84, which is 25 cents less than the statewide average in California. The most expensive gas in the United States is in Wailuku, Hawaii, where a gallon of regular unleaded costs an average of $2.65. The least expensive gasoline is in Augusta, Georgia, where the average price is $1.66 per gallon.

Community Participation Needed at Valley Branch Library Public Hearing

In order to discuss results of a survey on user hours, a public hearing will be held at the Visitacion Valley Branch Library, 45 Leland Ave. on Tuesday, Oct. 5 at 7 p.m.

Hearings conducted by the Library in association with David binder Research have been ongoing since mid-September at the Main and each of the branch libraries.

Information gathered at these hearings will be used by the Library Commission to establish service hours for a five-year period beginning in January 2005.

Legislation approved in 1994 established the Library Preservation Fund (Proposition E), a special funding source for library operations. The charter amendment established the Library Preservation Fund, requiring that the public hearing process be repeated at five year intervals.

Current hours of operation were approved by the Library Commission in late 1999 and implemented in 2000.

An Exhibition of Art Salvaged from Waste

A two-day exhibition will be held in late October for the works of artists Sandy Drobny and Michael Kerbow who made art from found objects taken from the San Francisco dump during a recent three month residency.

On Friday, Oct. 22 from 5 to 9 p.m., S.F. Recycling and Disposal will hold al hold a reception for the artists, with an exhibition continuing Saturday, Oct. 23 from 1 to 5 p.m. The reception is free and open to the public in the company's art studio at 503 Tunnel Road.

An Award for Visitacion Valley Clubhouse

San Francisco Beautiful recently awarded the Visitacion Valley Clubhouse as a 2004 recipient for a beautification award. The popular new facility, located at the Visitacion Valley Playground on Leland Avenue at Cora Street, has an interior finished with wood panels, exposed trusses, colorful tiles and ornamental lanterns.

Grapevine Mailbox

Mountain Lion on San Bruno Mountain

There has been a confirmed sighting of a mountain lion on San Bruno Mountain! A homecoming, of sorts...

According to the Peninsula Humane Society, another one was killed by a car on Westborough Boulevard in South City last year, and it's likely that this one crosses town at night (maybe nightly) through cemeteries, golf course, train tracks etc. to Milagra Ridge to hunt. Mountain Lions have a huge range.

People should be cautious about hiking alone (i.e. don't, or make noise when you do), and children should not stray from adults. Mountain lions generally want nothing to do with us and tend to disappear when they hear a human (unless they're surprised by one). If you happen to see this one up close (very, very unlikely), don't play dead; don't just run. Put your hands up high to appear larger than you are, face the lion, and back away slowly but deliberately. Again, the chances are that none of us will ever see this creature.

I've inquired about trapping/relocating such an animal and am told it is not going to happen. Fish and Game simply won't do it.

So, this is not to alarm anyone, but to warn everyone. It's for the safety of both people and cats.

Anyone who sights this one is asked to fax a written description (time, location, etc.) to the Department of Fish and Game at (831) 649-2894.

Please let us know also! Feel free to contact Mountain Watch at (415)467-6631 for more information.

Philip Batchelder,
San Bruno Mountain Watch

SFPD $3.75 Million Grant

House Democratic Leader Nancy Pelosi issued the following statement Aug. 26 at a press conference with San Francisco Mayor Gavin Newsom and Police Chief Heather Fong announcing a $3.75 million federal grant from the U.S. Department of Justice Office of Community Oriented Policing Services (COPS):

"I am pleased to join Mayor Gavin Newsom and Police Chief Heather Fong to announce that the San Francisco Police Department will receive a $3.75 million grant from the U.S. Department of Justice Office of Community Oriented Policing Services, or COPS, to hire additional police officers. Through their leadership, San Francisco has been awarded one of the largest awards among the 93 grantees.

"This grant will provide 75 percent of the total salary and benefits of each new officer hired under the COPS Universal Hiring Program over three years, up to a maximum of $75,000 per officer. These funds will greatly assist the Mayor's community-based public safety strategies and help provide additional protection to the citizens of San Francisco.

"I have strongly supported the COPS program since its inception under President Clinton. Since 1994, the COPS program has funded the hiring of more than 118,000 officers by more than 13,000 law enforcement agencies across the country.

"We are all extremely troubled by the wave of violence and loss of life that has plagued our City this year. San Francisco has just endured two violent weekends in the Mission district, and the residents of the Bayview, Visitacion Valley, and the Western Addition have suffered greatly as we continue to lose young lives. The violence must end.

"With Mayor Newsom and District Attorney Kamala Harris, I am working to secure urgently needed federal funding to support San Francisco's violence prevention initiatives. In the spending bills currently being debated in Congress, I have requested funding to complete a citywide integrated violence prevention plan that links departments within the San Francisco government with each other, and with Oakland and neighboring cities to address the epidemic of violent crime in our communities. I am also seeking funds for gun violence prevention efforts run in partnership with community agencies to create long-term safe havens where young men and women can get the mentoring and practical support they need to redirect their lives away from violence into promising futures.

"We must also address the underlying factors that create and promote violence in order to be successful combating it. My Democratic colleagues in Congress and I are committed to making long-term investments in education and economic opportunity to help reduce poverty so that the fury of despair will not lead to violence."

Does File Sharing Hurt Musical Artists?

To The Editor:

The record companies tell us that music "pirates" are "stealing" songs online, but that version of the story ignores reality and blindly parrots Hollywood spin. The reality: when you pay $16 for a CD, the musician gets about one dollar if they're lucky. Many major label artists get nothing at all.

The *Big 5* major labels pay radio stations to play their songs (and only their songs). Payola, once a scandal, is now standard practice, and the Big 5 use their control of radio playlists to force terrible contracts on musicians.

The major labels have been scamming musicians for decades so their claim that file-sharing hurts artists rings hollow. These companies' real worry is that the Internet makes them unnecessary.

There's no justification for lawsuits against families: a Voluntary Collective License (VCL) system would let Internet providers offer "all-you-can-eat" downloads for a flat fee of $5/month, and labels would get paid for each song. Total revenue would exceed what the major labels currently earn, but they'll never accept it. Why? Because the new system would make it easy to be a successful musician without signing a major label contract.

Sincerely, Laurence Miotto

Protecting Yourself from Unscrupulous Home Improvement Contractors

by CA Attorney General Bill Lockyer

Californians spend more than $10 billion on construction and home remodeling each year, according to the Contractors State License Board (CSLB). While most licensed contractors are competent and honest, home improvement is a top source of consumer complaints nationwide.

Almost everyone knows someone with a nightmare story about their remodeling job: the length of time it took; the absence of plumbing, electricity, heat and air conditioning; the lack of privacy during the job; or cost overruns. Sometimes, these tales of inconvenience can turn into something much more serious – even resulting in a financial and legal nightmare.

Seniors are particularly vulnerable to unscrupulous contractors. A would-be handyman promised an elderly widow in North Sacramento that he would fix her sprinklers and build her a new planter box, if she would "lend" him money first to fix his truck and fund other necessities he said he needed. The scam, which lasted more than a year, was eventually discovered and the perpetrator sent to prison, but only after the victim lost nearly $200,000 – money she will never see returned.

Yet, most homeowners can prevent contractor problems if they know their home improvement rights and take these steps recommended by the CSLB:

*Hire only licensed contractors. An unlicensed contractor may give you a low bid, but you risk damaging financial and legal consequences.

*Ask to see the contractor's pocket license and another form of identification, and carefully check the name. It is illegal for one contractor to use another contractor's license.

*A license number on a bid or contract does not necessarily mean the license is valid. Check the CSLB Web site, www.cslb.ca.gov, or call the Board's toll-free number, (800) 321-CSLB, to find out if the license is valid. Ask about any prior legal actions that may have been taken against the contractor. Obtain at least three written bids using identical specifications.

*Verify the contractor's address and business telephone. A contractor that operates out of a pickup truck with a cellular telephone may be difficult to find to complete a job or fix something that has gone wrong after the last bill is paid.

*Check the contractor's references, and call them to see if they were satisfied with the contractor's work.

*Make sure the contractor has Workers' Compensation and liability insurance coverage. In California, if a contractor has employees, Workers' Compensation insurance coverage is required by law. If a worker is injured working on your property and the contractor does not have insurance, you may have to pay for the worker's medical attention.

*The contract should include everything you have agreed upon, including the specific types and sizes of materials to be used. For a large remodeling job, protect yourself from liens against your home in the event the contractor does not pay subcontractors or suppliers. Specify in the contract that the contractor is responsible for obtaining lien releases from each of the subcontractors and materials suppliers.

*Under California law, the down payment (or deposit) for any home improvement contract should be $1,000 or 10 percent of the project price, whichever is less. For a swimming pool, the down payment (or deposit) should not exceed $200 or two percent of the contract price, whichever is less.

*Pay as the work is completed according to the contract schedule – do not let payments get ahead of the work.

Two publications – *What You Should Know Before Hiring a Contractor* and *Home Improvement Contracts: Putting the Pieces Together* – can be obtained from www.cslb.ca.gov/services/guides.asp, or by writing the Contractors State License Board, P.O. Box 26000, Sacramento, CA 95826.

Making Universal Health Care a Reality

by Mayor Gavin Newsom

Once again San Francisco is in the forefront of American cities. This time we are leading the way toward making universal health care a reality for every resident.

In 2002, San Francisco took a major step forward in our quest for universal health insurance for children through the San Francisco Health Plan. That program, called Healthy Kids, now covers nearly 4,000 San Francisco children aged 0-18 who would otherwise be uninsured.

This year's budget focused on helping youth aged 19-24, who are being "aged-out" of the younger Healthy Kids and Medi-Cal programs and are by-and-large left uninsured. The numbers are staggering: 44 percent of San Franciscans aged 19-24 do not have health insurance, most of them coming from disadvantaged families, totaling 27,000 uninsured young adults.

This transitional age is a fragile time, when even minor ailments can become major problems, both physically and financially. Recognizing this need, our *Time for a Change* budget included funding to expand the successful Healthy kids insurance program to cover 19-24 year olds. This expanded program will provide comprehensive health, dental and vision insurance to young adults who would otherwise be left uninsured as they "aged-out" of Medi-Cal and the younger Healthy Kids.

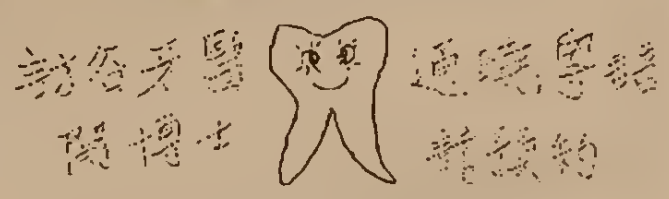
The expansion of Healthy Kids will cover an estimated 2,500 of these youths in its first year of operation. Thereafter, the program will grow year by year until approximately 7,500 young adults have access t high quality, comprehensive health, dental and vision insurance.

With the expanded Healthy Kids program, San Francisco is creating a new standard of care. We are pioneering a new model for providing health care that can be applied nationally.

As we did when we introduced the only City-sponsored Earned Credit in the country, San Francisco is showing how government can operate efficiently and still deliver vital services to our most vulnerable population.

VISITACION VALLEY DENTAL OFFICE

Albert Kuan, D.D.S.



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Ceramics - Potlucks
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The Rev. Dr. Jerry O. Resus, Minister

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Sunday Worship Service: 10:30 a.m.
Wednesday Bible Study: 11:00 a.m.
Friday Bible Fellowship: 7:30 p.m.
Saturday Choir Rehersal: 10:00 a.m.

You are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

Come to Church This Week

GRAPEVINE VISITACION VALLEY

Published monthly by Visitacion Valley Community Center, 50 Raymond Ave., San Francisco, CA 94134, (415) 467-9300; Fax: 467-3757; visvalley@earthlink.net
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Vistacion Valley Grapevine, named by Pat Crocker, is a Registered California Trademark of Visitacion Valley Community Center.
Executive Director: Julia A. Kavanagh
Opinions expressed in the Grapevine are not necessarily those of VVCC.

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Micro-Minute
by Mr. Food

The kids are trading in their camping gear for school supplies, and that means we're on the fast track to packing lunch boxes and hunting down healthy after-school snacks.

It seems like apples have ruled the universe since the time of Adam and Eve. We've learned that an apple a day really does help keep the doctor away, and an apple for the teacher is still a nice gesture to help make the grade! So think outside the basic lunch box and look to your microwave for getting this year's school season off to a healthy start!

*Microwave baked apples should be pierced before cooking, to let off steam and avoid splattering. Fresh cranberries make a novel autumn-style stuffing with, or instead of, the traditional cinnamon and raisins.

*Rock-hard ice cream can be softened at 20 percent power for just 30 seconds in the microwave. Team a scoop with a slice of warm apple pie or serving of apple cobbler for the perfect contrast of hot and cold.

*For quick caramel apples, microwave one 14-ounce package of unwrapped caramels and 2 tablespoons milk in a 2-quart microwave-safe bowl for 3 to 5 minutes (depending upon the wattage of your microwave) at 70 percent power, stirring twice. Insert non-toxic craft sticks into 6 small to medium apples, dip them in the melted caramel mixture and let cool on waxed paper before eating.

*To take the chill off apples stored in the fridge, microwave them at 100 percent power for 10 to 15 seconds. They'll be easier to bite into, juicy, and more flavorful.

During these busy back-to-school days, if you're short on time, put your microwave to work and you just might be the apple of their eyes with all these extra reasons to say..."Ooh it's so good!!"

Candy Apple Tarts

(6 servings) 1 cup apple juice; 2 tablespoons cornstarch; 1/3 cup red-hot cinnamon candies; ½ teaspoon vanilla extract; 1/4 teaspoon red food color; 4 tart cooking apples, peeled, cored, and thinly sliced ; 6 single-serve graham cracker crusts

1. In a large microwave-safe bowl, combine the apple juice, cornstarch, cinnamon candies, vanilla, and food color; mix well.

2. Stir in the apples then microwave at 70% power for 12 minutes, or until the apples are tender; mix well.

3. Spoon equal amounts of the apple mixture into the crusts. Cover loosely and chill for at least 1 hour before serving.

Finishing Touch: These look great when you top each one with a dollop of whipped cream and a few additional cinnamon candies just before serving.

Apple Pancake

(4 servings) ½ cup light brown sugar; 1 teaspoon ground cinnamon; 2 tablespoons butter, cut up; 1 medium apple, peeled, cored and thinly sliced; 1 cup buttermilk pancake mix; 1 medium egg; ½ cup milk.

1. In a microwave-safe 9-inch deep-dish pie plate, combine the brown sugar and cinnamon; mix well. Add the butter and apple slices, cover with plastic wrap, and microwave at 100% power for 3 minutes.

2. In a medium bowl, combine the pancake mix, egg, and milk; whisk until well combined. Pour over the cooked apples and microwave uncovered at 100% power for 3 minutes.

3. Let pancake stand for 1 minute then cut into wedges and serve immediately.

Serving Tip: Serve topped with a pat of butter and a drizzle of maple syrup.

Apple Upside-Down Cake

(12 to 14 servings) 2/3 cup packed light brown sugar; 1 teaspoon ground cinnamon; 4 tablespoons (½ stick) butter, cut into small pieces; 3 apples, peeled, cored and each cut into 4 rings; 12 maraschino cherries; 1 package (18.25 ounces) yellow cake mix; 1 cup water; 1/4 cup vegetable oil; 3 eggs.

1. Sprinkle the brown sugar and cinnamon over the bottom of a microwave-safe 10-inch round cake pan or 9"x13" baking dish; dot with butter. Microwave at 100% power for 1-1/2 minutes. Stir to distribute the mixture evenly over the bottom of the pan; top with the apple rings arranged in a single layer then place a cherry in each ring.

2. In a large bowl, combine the cake mix, water, oil, and eggs. Beat until well mixed. Spoon the batter into the pan and microwave at 70% power for 14 minutes, or until cooked through.

3. Let the cake stand for about 5 minutes. Loosen gently with a knife and invert onto a platter. Serve warm, or allow to cool completely before serving.

Did You Know... that cakes continue to cook even after removal from the oven or microwave? That means we have to be sure that the cake still looks and feels a bit moist before taking it out to cool.

Quick Homemade Applesauce

(About 2 cups) 6 apples, peeled and sliced; 1/4 cup water; 1/3 cup sugar; 1/4 teaspoon ground cinnamon

1. Place all ingredients in a microwave-safe 2-quart baking dish. Cover and microwave at 100 percent power for 5 minutes.

2. Transfer apple mixture to a blender and blend for 30 seconds, until smooth. Serve warm, or let cool and chill until ready to serve.

Crossword Puzzle Solution

C	A	B	■	C	A	C	O	■	T	O	L	A
C	P	A	■	H	S	I	A	■	O	L	E	A
A	A	L	■	A	S	A	F	E	T	I	D	A
■	■	D	A	N	E	■	■	L	E	D	A	■
E	R	N	S	T	■	P	R	A	M	■	■	■
L	U	E	S	■	L	O	U	T	■	P	L	O
M	R	S	■	R	A	S	S	E	■	L	E	G
O	U	S	■	I	D	E	A	■	T	A	U	R
■	■	■	A	C	E	R	■	D	A	N	C	E
■	C	A	R	E	■	■	H	A	R	T	■	■
G	U	M	A	R	A	B	I	C	■	P	E	A
E	R	I	C	■	B	A	R	I	■	O	R	B
O	D	E	A	■	U	R	E	A	■	D	A	B

Bayview Station Update

by Captain Rick Bruce

Late Night Basketball

An unprecedented collaboration of Bayview businesses, residents, and city departments has brought about the return of *Late Night Basketball* to the Bayview District following a multi-year absence. The official title of this unique basketball league is the *Bayview Late Nite Peace Hoops Games*, which affiliates with the Peace Games Project.

Late Night Basketball is about so much more than basketball. The purpose of this program is two-fold; first, to bring peace to the Bayview, and second, to create opportunities for young men residing in the neighborhood.

The second component of this program focuses on opportunities for the young men. Before each night's games, a workshop is conducted by men who have credibility within the community. These men speak with the players about everything from job interviews and resumes, to HIV and parental responsibility.

Bayview Historical Society

The Bayview Historical Society intends to inventory the rich stock of Victorian and other historically-significant buildings in the Bayview. For more information, contact Linda at 822-3074 or Adrian at 833-4388.

Milton Meyer Substation

We officially opened our Milton Meyer substation at 195 Kiska Road. Our office is located in a room in the actual gymnasium.

Police Cases

*On Sept. 7, at 7:38 p.m., Bayview officers located a man (transient) on the 400 block of Tunnel and placed him under arrest. The man was wanted for stabbing his ex-girlfriend on Sept. 6 and was booked for attempted murder and domestic violence.

*On Sept. 9, at 9:10 a.m., Bayview officers responded to Bowdoin and Felton on the report of an auto burglary in progress. A witness had seen a man and a woman break into a locked auto and steal the stereo, but both suspects were gone when the officers arrived. The officers located a second vehicle which had been broken into, and moments later, additional Bayview officers located possible suspects on San Bruno Avenue and detained them. A "cold show" was conducted, and the witness identified both suspects. The man was booked for two counts of auto burglary, two counts of possession of stolen property, and conspiracy. The woman was booked for the same charges.

*On Sept. 9, at 6:20 p.m., Bayview plainclothes officers responded to Tunnel and Blanken on the report of a fight involving numerous people. When the officers arrived they found a man and two women and the man stated that they were engaged in a "road rage" incident. The officers ran the license on the man's Toyota and determined that it belonged on a Honda. Through further investigation, the officers determined that the Toyota was a stolen auto from Millbrae, and the driver was placed under arrest.

*On Sept. 10, at 1:33 a.m., Bayview officers were on patrol near 2858 San Bruno Ave. when they noticed that the license on the car they were following was listed on their "hot sheet." The driver of the vehicle was booked for stolen auto, violation of probation and traffic offenses. A passenger was booked for an outstanding arrest warrant charging him with burglary, fraud and possession of stolen property. A second passenger was booked for possession of methamphetamine.

*On Sept. 10, at 12:28 p.m., Bayview officers responded to 2360 San Bruno Ave. on the report of a robbery. The employees of the ASC Alternator Store stated that three suspects came into the store, left, returned, left, and came back a third time. The first suspect then displayed a handgun and demanded the money from both the cash register and from the victims' wallets. The suspects ordered the victims to lie down and then fled the store. The suspects are described as follows: 1) black male, 20-30, 6'0", 170, wearing a blue shirt with white stripe; 2) black male, 5'8", 160, wearing a white T-shirt; 3) black male, military style haircut, dark pants.

*On Sept. 15, at 12:20 a.m., Bayview officers arrested a man at 2430 San Bruno Ave. for an outstanding arrest warrant charging him with possession of cocaine for sale.

*On Sept. 15, at 6:47 p.m., Bayview officers were on patrol at Mansell and Cambridge when they saw a man parked in a blue Cadillac which displayed two different license plates. The officers stopped to investigate and determined that the vehicle's occupant had an outstanding arrest warrant charging him with possession for sale of crack cocaine. He was placed under arrest, and a subsequent search of his vehicle revealed a baggie containing approximately 10 grams of white powder. The man was also charged with possession of cocaine for sale, and his currency ($1,000) was seized and booked as evidence.

*On Sept. 16, at 4:39 p.m., Bayview officers responded to 3004 San Bruno Ave. on the report of a man threatening a store employee. The subject was gone when the officers arrived, but the officers located him a while later on Bayshore Boulevard. He was booked for drunk in public and resisting arrest.

*On Sept. 16, at 11:10 p.m., Bayview officers responded to a residence on the 3000 block of San Bruno Ave. on a "911 drop" call (911 call was made, but was interrupted and not completed). The officers interviewed the female caller who stated that her husband had been drinking heavily for several hours and had then become angry that the neighbors were playing loud music. The husband then started to beat the wife, and the couple's children eventually separated the two and the police were called. The wife had injuries from prior domestic violence incidents which were still visible. The wife told the officers that her husband has been beating her on a weekly basis for 15 years. The husband was booked for domestic violence.

Crime Summaries

*Aug. 24 8 a.m., 824 Girard St., residential burglary
*Aug. 24 8 10 p.m., 824 Girard St., stolen truck.
*Aug. 25 4:10 p.m., 237 Felton St., vandalism, breaking windows.
*Aug. 26 7 30 a.m. 824 Girard St., recovered stolen auto.
*Aug. 26 9:20 a.m., 1011 Silliman St., recovered stolen auto.
*Aug. 30 11 a.m., 1011 Silliman St. burglary.
*Aug. 30 8 p.m., Brussels & Silliman Sts., stolen truck.
*Aug. 30 1 30 p.m., 336 Somerset St., stolen auto.
*Aug. 31 8.20 a.m., 1316 Silliman St., recovered stolen auto.
*Aug. 31 4:24 a.m., 490 Girard St., fraudulent use of access card.
*Aug. 31 5 p.m., Felton & Hamilton Sts., theft of computers.
*Sept. 1 1 30 p.m., Tunnel & Blanken Aves., recovered stolen auto.
*Sept. 5 10:30 a.m., 20 Nibb Ct., stolen auto.
*Sept. 8 2:28 p.m., San Bruno Ave. & Silliman St., fraudulent use access card.
*Sept. 14 3:23 a.m., 1390 Silver Ave., vandalism.

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Book Reviews

Preventing Identity Theft

If you've ever been a victim of identity theft, you have lots of company. Over 27.3 million Americans have been victims of identity theft in the last five years, including 9.9 million people in the last year alone.

This may account for the popularity of *Preventing Identity Theft For Dummies* (Wiley, $14.99), a book that shows you how to protect yourself from America's fastest-growing crime.

Identity theft occurs when someone uses your name, address, Social Security number, bank or credit card number or other identifying information without your knowledge to commit fraud or other crimes. "Preventing Identity Theft" helps readers understand what identity theft is, minimize their risks, maintain vigilance, choose who to share personal information with, and how to determine if you are a victim. The book also provides thorough information on what to do and how to act quickly should you become a victim of identity theft.

The information is provided in straightforward but fun language that has defined the "Dummies" series for over 10 years. It is written for anyone who has a name, Social Security number, a job, bank account and/or possesses credit cards.

A Haunted Scottish Castle

Readers are taken on a harrowing trip to a haunted Scottish castle in New York Times best-selling author Heather Graham's newest novel, *The Presence* (MIRA Books, $6.99).

It didn't take a ghostly message from beyond the grave to convince young actress and playwright Toni Fraser that a run-down, "haunted" Scottish castle could become a great moneymaker for her and her talented group of friends. All they had to do was find the right location and write a spine-tingling, historic play.

She'd found just such a spot on offer for rent in a small Scottish village. She, four college friends and her newly discovered Scottish cousin Thayer perform nightly within the castle's creepy confines. The merry players were off to a great start, beginning to earn back their investment. They were looking forward to a lucrative six-month run, re-creating to packed houses the murder of the castle's long-lost mistress.

What happens when the fictitious, dashing and handsome laird of the castle actually appears is the beginning of a supernatural and page-turning mystery.

For author Heather Graham, it was her love of Scotland, the lure of its many beautiful castles and the romantic lore of the Highland Warriors that caught her fancy and inspired her newest book. *NAPS*

Free Grants Shouldn't be Taken for Granted

"Free Grants! Never Repay! Acceptance guaranteed! Government and private sources $500 - $5,000."

The ads claim that you will qualify to receive a "free grant" for your education, your home repairs, your home business, or your unpaid bills. They say your application is guaranteed to be accepted, and you never have to repay the money. But the Federal Trade Commission (FTC), the nation's consumer protection agency, warns that "money for nothing" grant offers often are a scam: the grant isn't free, it isn't guaranteed, and often, it isn't even available to you.

Some scam artists market "free grants" in classified ads, inviting consumers to call a toll-free number. If you call, a representative of the company will ask you some basic questions to determine if you qualify to receive a grant: "What's your address?" "How long have you lived at this address?" "Do you have a bank account?" or "Do you have at least $150 in your account at this time?" The representative may ask you to hold while your "eligibility" is determined. After she congratulates you on your eligibility, she will ask you to pay a one-time "processing fee" that can range from $95 to $200. If you question this fee, she will reassure you that the grant is guaranteed, and that if you're not satisfied, you'll get a refund. However, she won't offer to tell you all the conditions for a refund.

The processing fee supposedly covers finding a grant source and sending you the appropriate application package in the mail. But, you won't receive an application or a source. Rather, you will get a list of agencies and foundations to which you must write and request an application. This information is available at no cost at any public library or on the Internet.

Most sources of grant money don't give grants to individuals for personal need. Grants usually are given to serve a social good, such as bringing jobs to an area, training under-employed youth, preserving a bit of history, funding soup kitchens or art museums, or researching medical issues. If you ask an agency or foundation for money for personal use, you probably won't get it, even if you are financially needy. And you're not likely to get a refund from the grant "broker" because the conditions for a refund are nearly impossible to meet: you usually have to apply and be denied by each source on the list within 90 days.

If you're thinking about applying for a grant, remember that the applications are available to you for free and that anyone who guarantees you a grant is likely to be interested in their own financial gain, not yours. If you think you may have been a victim of a grant scam, file a complaint with the FTC.

The FTC works for the consumer to prevent fraudulent, deceptive and unfair business practices in the marketplace and to provide information to help consumers spot, stop, and avoid them. To file a complaint or to get free information on consumer issues, visit www.ftc.gov or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261. The FTC enters Internet, telemarketing, identity theft, and other fraud-related complaints into Consumer Sentinel, a secure, online database available to hundreds of civil and criminal law enforcement agencies in the U.S. and abroad.

Healthy Ideas

*According to a new report from the National Kidney Foundation (NKF), an estimated 50 percent of people with at least one risk factor for kidney disease actually have the condition-yet only a tiny fraction know it. The report contains the first published findings from the NKF Kidney Early Evaluation Program (KEEP), designed to identify people at risk of kidney disease and those who are in the early stages of the disease, when treatment has a chance of slowing, stopping or reversing its progression. KEEP is a free kidney health screening program, presented in cities across the U.S. To find out about the kidney screening nearest you or to get the free brochure "Am I At Risk," contact the National Kidney Foundation at 800-622-9010 or go to www.kidney.org.

*The Department of Veterans Affairs (VA) is working closely with the Department of Defense to ensure that America's newest generation of war-wounded veterans receive the best treatment possible without delay. With combat casualties from Operation Iraqi Freedom flowing back to military hospitals in the United States, VA makes sure the wounded soldiers know what their veterans' health care and benefits options are even before they are discharged from military service. For more information contact the nearest VA medical center or clinic and ask for the Iraqi war veteran contact office or call toll free 1-877-222-8387. For benefits information, call 1-800-827-1000 or visit www.va.gov.

*If your heart is pounding, your stomach is in knots, and you can't stop sweating, you may be experiencing specific symptoms of an anxiety disorder. Talk to your health professional about what you may be experiencing. Anxiety disorders are real, serious and treatable conditions that affect women twice as often as men. For more information on anxiety disorders and women, visit the Anxiety Disorders Association of America Women's Initiative site at www.adaa.org or call 1-800-922-8947. ADAA is the national leader and advocate on anxiety disorders.

*For several million Americans, weight loss is a symptom of serious illness. Involuntary weight loss is a devastating and prevalent condition in cancer, AIDS, and chronic obstructive lung disease (COPD) and may be an associated cause of death in these patients. As part of a comprehensive approach to boosting lean body mass, medical researchers are successfully treating involuntary weight loss with nutritional therapy, resistance exercises and medication. One medication that is increasingly being used is Oxandrin(r) (oxandrolone, USP) CIII. Oxandrin is a tablet that is used to increase weight mainly as lean body mass. Visit www.involuntaryweightloss.com. *NAPS*

Facts on Food

*Eggplant, bell peppers and tomato-they may sound like the makings of an Italian meal, but these vegetables also all contribute to Mexican cuisine. In fact, all of them are popular Mexican exports that bring a taste of warm sunshine to cooler climates during the winter. Mexico's beautiful purple eggplants are a common wintertime sight in American supermarkets. During the 2002-2003 season, Mexico sent nearly 86 million pounds of eggplant-making it the top U.S. supplier. Mexico is also the United States' No. 1 supplier of bell peppers, which are actually native to Mexico, Central and South America. Another Mexican native, the tomato, is also a popular export.

*One recipe for family fun is to spend some time together in the kitchen. It's a great way to make lasting memories. Don't forget to make tasks age-appropriate. For example, let the little ones fill cups of flour, punch down dough after it rises or pour measured ingredients while older kids can plan meals and knead, peel and blend. For more tips and fun family recipes such as Sweet Doodle Bread, visit the Fleischmann's Yeast Web site at www.breadworld.com. *NAPS*

FREE CERAMICS CLASS

For everyone 18 and older at
Visitacion Valley Community Center,
66 Raymond Avenue
Tuesdays from 9 a.m. to 4 p.m.

Very therapeutic and fun. You do not need to stay the entire day...come for as long as you like. We have a wonderful teacher to assist you.

For more information, call the VCC Senior Program: (415) 467-4499

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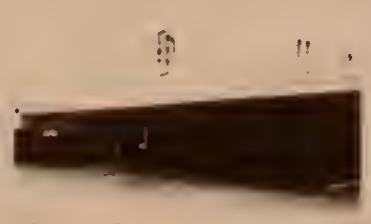

97 Years in Visitacion Valley

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Saturday Masses 7:30 a.m. & 5 p.m.
Sunday Masses 8 & 9:30 a.m. (11 a.m. Spanish) 12:30 & 5 p.m.
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Poor Rix's Almanac

by Rix Quinn

Hey, Poor Rix: What do you think about school food? – Former Student

Poor Rix ate lunch at a school last week, and really liked it. Who knew they could make a dessert out of corn chips?

Fact is, Poor Rix enjoyed everything about school, except for the "study" part. Lunch period was the best the part of all.

One day I saw a dish labeled "Tuna Surprise." "Why do you call it that?" I asked.

"Because," said the cook, "we started out with a catfish. So if it tastes like a tuna, we'll be surprised."

Yeah, lunch was a scream back then . One time my friend Carl found two well-seasoned cockroaches in his green beans, and asked who'd be willing to eat them.

"I will," said Dave, who was once elected class president by promising "no homework anymore." But he didn't clear this with the teachers, so we immediately impeached him.

Anyway, Dave downed both roaches, and bragged they tasted better than the beans. But he didn't come to class the next day.

Another time we took a field trip to a neighboring school. At lunch, Carl chose the "mystery meat."

"Outstanding," he raved. "What is it?"

"Here's a clue," said our host. "Why do you think our team's called the Buzzards?"

Dear Poor Rix: My wife is pregnant and gets morning sickness, which also makes me nauseous. Is that a sympathy pain? - Expectant Father

Ask yourself these questions: (1) Do I really feel sorry for her? (2) Could I be the first pregnant man in history? (3) If I am, should I consider a C-section?

But seriously, a recent study discovered that married people often had the same diseases, even non-contagious ones.

Maybe this explains why some partners get sick of marriage.

Dear Poor Rix: A guy just invited me to a football game. I do not understand this event. Can you explain it? -Sport Watcher

This game begins with the entrance of referees, people with striped shirts who enforce the rules. Occasionally, someone with striped shirt and long stick may appear, and wander aimlessly. He is a "lost golfer," and must be removed.

Next come the cheerleaders, who bounce onto the field, often displaying skimpy uniforms and bare midriffs. And those are just the guys.

The girls look even better, and may wave their massive pom-poms to excite the crowd. (We'll discuss pom-poms another time.)

Then comes the team "mascot," often a farm animal, or a human dressed like one. Mascot uniforms are sometimes very silly, and not appropriate wearing apparel for, say, a wedding.

Next come two teams that wear different colors, plus a helmet to hide their identities from the opponents they'll tackle later. For the next three hours each squad tries to go from one end of the field to the other.

Pay attention to the quarterback, who controls the football. Sometimes he throws it to a teammate (a "pass"). Sometimes he hands it to somebody (a "handoff").

And occasionally he may tiptoe to the sidelines, and give some cheerleader a big, wet kiss. This is called the "quarterback sneak."

There's more to tell, Sport Watcher, but I gotta go. On TV, they're about to show a "quarterback sneak" instant replay.

Hi, Poor Rix: My grandson Marcus wants to know why we call it chicken pox. Is it caused by chickens? Do chickens get chicken pox? Is it like mad cow disease? - Violet from Tarrytown, N.Y.

Poor Rix finds no evidence that chickens cause chicken pox. In fact, chickens I ask look at me quizzically (a normal expression for a chicken).

This common childhood disease often begins with a body rash that usually spreads to arms and legs. The spots then turn to blisters, and go away after a couple weeks. (Poor Rix once developed a similar rash while dancing in poison ivy, but that's another story.)

Do chickens get chicken pox? No, they get people pox! (Another lousy Poor Rix joke.)

But seriously - and Poor Rix gets serious talking about chickens - chickens can get fowl pox from mosquitoes, which makes their skin break out. However, fowl pox will rarely make a chicken break out of a cage, because chickens have the I.Q. of a spoon.

Because fowl pox can spread from chicken to chicken (like gossip about the rooster), chickens can get a vaccination to prevent it.

Mad cow disease is a fatal brain ailment that makes the cow's brain cells die. The cow eventually dies, too.

So, to sum up: Mad cow disease - very bad. Fowl pox - uncomfortable for a chicken. Chicken pox - It can make your skin itch, and give you a rash.

Poor Rix gets the same symptoms watching politics.

Poor Rix offers bad answers to good questions. E-mail him at rixquinn@charter.net.

SAN FRANCISCO UNIFIED SCHOOL DISTRICT

Child Development Program

Varied Hours of Operation:
Monday-Friday between 7:00 a.m. and 5:30 p.m.

Types of Programs:
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The Child Development Centers continue to serve Pre-K – 5th Grade. We are committed to providing your children with a strong academic foundation in a safe, clean, caring and nurturing environment. Enrichment activities complement the elementary program. Homework assistance is provided.

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Bret Harte - Pre-K (Bayview) – 330-1545
Daniel Webster - School Age (Potrero Hill) - 920-5076
Dr. Charles Drew - School Age (Bayview) - 330-1546
Dr. William Cobb - School Age
(Western Addition/Lower Pacific Heights) - 749-3544
Grattan - School Age and Pre-K (Haight Ashbury/UCSF) - 759-2850
John McLaren - School Age (Visitation Valley/Sunnydale) - 469-4519
Leonard R. Flynn - 5chool Age (Mission) - 695-5782
Tule Elk Park - School Age (Marina) - 749-3551

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Grand Opening for Children's Play Garden

Visitacion Valley Greenway and the San Francisco Recreation and Park Department held an opening party on Sept. 18 for a new children's play garden between Teddy and Campbell avenues just east of Rutland Street. This newest addition to the Greenway also features an Enchanted Forest and Magic Meadow.

As a Matter of Fact

*It was recently discovered that dogs do see color, just not as in vivid color as humans.

*The Beaufort scale, used to indicate wind velocities, was devised in 1805 by Francis Beaufort, a British naval officer.

*The parachute was designed by Leonardo da Vinci in 1480 but the first successful parachute jump by a human did not take place until 1797, when Andre Jacques Garnerin bailed out of a hot air balloon in France.

**Lord of the Rings* holds the record for the most latex feet ever used in a movie. They used more than 1,600 pairs of latex feet for the hobbits.

*Egg yolks are one of the few foods that naturally contain vitamin D.

*The most shoplifted book in the world is the Bible.

*Of all crops planted annually in the U.S., cotton has the longest growing season, lasting from 150 to 180 days.

*Most animals run and walk on their toes, but a bear puts its whole foot firmly on the ground with each step. That may be why its seems to be dragging its feet.

*There are 106 boys born for every 100 girls.

*There are 328 million cubic miles of water on the earth.

*Some of the more intriguing names that the pilgrims gave to their babies included: Ashes, Dust, Earth, Delivery, Increase and Weep-not.

*Only male turkeys gobble. Female turkeys make a clicking sound.

*When the *Mayflower* outlived her usefulness, she was dismantled and reconstructed as a barn.

*The opening to a cave in which a bear hibernates is always on a north slope.

*Alaska has almost twice as many caribou as people.

*A timeocracy is a society or group of people in which the rich are the most powerful.

*The red bumps on a turkey's head are called carnuckles.

*The gannet is a large, white sea bird that helps fishermen because it follows schools of herring and other fish.

*Boston earned the name "Beantown" because Puritan settlers considered cooking on Sunday a sin. Puritan women baked beans every Saturday and served them for Sunday dinner.

*A cheetah can travel 70 miles an hour.

*Pinocchio is Italian for *pine eye*.

*A chameleon's tongue is twice the length of its body.

*A group of whales is called a pod.

*In the past 50 years, the groundhog has only correctly predicted the weather 28 percent of the time.

*A dog's sense of smell is about 1,000 times better than a person's.

Did You Know?

*When someone sends flowers as a gift, there is often a message conveyed by the flower's color or type. For example, red roses represent beauty and romantic love. Yellow roses are a symbol of happiness and friendship. Red carnations stand for love and admiration, while the orchid is a symbol of mystery and exotic beauty. A striped carnation says "miss you."

*If your pet is placed in the back seat away from the driver, it minimizes distractions that can cause accidents, say safety experts at Chrysler, Jeep and Dodge service. If deployed in an accident, an air bag can actually harm a pet. According to an AAA study, pets are ranked the third worst in-car distraction, placing higher than cell phone usage. For added safety, place your pet in a harness or cage secured by a seatbelt. According to The Humane Society of the United States, dogs, or any pets that put their heads out the window, risk developing an infection or injury from dirt or debris carried in the air. For more information, call or visit a Chrysler, Jeep and Dodge dealership.

*Explaining problems to technical support people need not be difficult and stressful. Nevertheless, according to Consumer Reports, about a third of computer users who seek technical support from software companies never get the help they need. Fortunately, there's a solution: screen capture utilities. These let users take instant screenshots of anything on a computer screen-pictures, windows, video, even error messages. Computer users can then e-mail these to a technical support department, or save the image and read it over the phone. *NAPS*

Historic Proportions

Match clues to answers.

1912

1. Ocean liner hit an iceberg and sank on Apr. 15.
2. World Series winners on Oct. 20.
3. Country became a French protectorate on Mar. 30.
4. He was elected President on Nov. 5.
5. Olympic Games opened here on July 6.
6. The 47th U.S. state on Jan. 6.
7. President of Republic of China on Mar. 15.
8. Nominated for President by Republicans on June 22.
9. Authorized by U.S. Congress on Aug. 24.
10. Progressive Party nominated its presidential candidate on Aug. 5.
11. Winner of Nobel Prize for medicine on Dec. 10.
12. The 48th U.S. State on Feb. 14.

A. Morocco
B. Woodrow Wilson
C. New Mexico
D. Theodore Roosevelt
E. Arizona
F. Dr. Alexis Carrel
G. Titanic
H. Parcel Post
I. William H. Taft
J. Boston Red Sox
K. Stockholm
L. Yuan Shih-kai

Answers: 1-G; 2-J; 3-A; 4-B; 5-K; 6-C; 7-L; 8-I; 9-H; 10-D; 11-F; 12-E.

Five Years Ago In the Grapevine

"Young Voices of God performed at Ridge View United Methodist Church's annual homecoming worship on Sept. 12.

*Visitacion Valley Community Beacon established a Chinese hotline for community members seeking services in Cantonese.

Halloween Celebration at San Francisco Zoo

The San Francisco Zoo will present its sixth annual *Boo* at the Zoo on Sunday, Oct. 31 from 10 a.m. to 3 p.m., a special daytime Halloween event for little ghosts and goblins free with paid zoo admission.

Costumed kids can visit trick-or-treat stations around the Zoo and dare to venture onto the *Haunted Nature Trail* featuring up-close encounters with live animals. Kids and adults can also ride the historic Little Puffer miniature steam train, which will take unsuspecting passengers through a haunted tunnel.

San Francisco Zoo, located at Sloat Boulevard and 47th Avenue near the Pacific Ocean, requests that trick-or-treaters not wear masks because they may frighten the animals.

Saturdays are Special At Randall Museum

The Randall Museum offers drop-in, hands-on art and science workshops every Saturday from 1 to 4 p.m. at 199 Museum Way (off Roosevelt, above the Castro). All ages are welcome; under 8 must be accompanied by an adult. Museum admission is free with $3 per person workshop fee. Call 554-9600 for further information.

*Oct. 2: *Pottery with Faces* - Explore an expressive African American ceramics style as you make pottery with faces.

*Oct. 9: *Wire Mobiles* - Let the art of Alexander Calder inspire you to create a mobile out of wire.

*Oct. 16: *Day of the Dead Diarama* - Celebrate Mexican folk art and design your own Day of the Dead diarama.

*Oct. 23: *Astronomy Day* - Make sundials and telescopes.

*Oct. 30: *Family Halloween Day* - Join in a gamut of ghoulish games and creepy crafts.

Other Saturday activities include:
Meet the Animals from 11:15 a.m. to 12 noon; Animal Feeding at 12 noon; and the *Golden Gate Model Railroad Club Exhibit* from 11 a.m. to 4 p.m.

Sez Who?

Match quotes to speakers.

1. "Man is least himself when he talks in his own person. Give him a mask and he will tell you the truth."
2. "Consult. To seek another's approval of a course already decided on."
3. "Will the people in the cheaper seats clap your hands? All the rest of you, if you'll just rattle your jewelry."
4. "Everybody talks about the weather but nobody does anything about it."
5. "I am extraordinarily patient provided I get my own way in the end."
6. "There is no terror in a bang, only the anticipation of it."
7. "Government does not solve problems, it subsidizes them."
8. "A people always ends by resembling its shadow."
9. "Money doesn't talk, it swears."

A. Bob Dylan
B. Mark Twain
C. Ronald Reagan
D. John Lennon
E. Oscar Wilde
F. Rudyard Kipling
G. Alfred Hitchcock
H. Margaret Thatcher
I. Ambrose Bierce

Answers: 1-E; 2-I; 3-D; 4-B; 5-H; 6-G; 7-C; 8-F; 9-A.

Sump, the Grump

San Francisco City Services

Abandoned Cars	553-9817
Bus Shelter Damage	882-4949
Curb Painting	554-2336
DPW Illegal Dumping	28-CLEAN
Graffiti Hotline	241-9274
Muni Information	673-6864
Parking and Traffic Problems (DPT)	553-1200
Pothole Repair	695-2100
S F Police Ingleside Station	404-4000
S F Police (non-emergency)	553-0123
Street Lighting	554-0730
Sunnydale Resource Center	586-7572
VVMS Annonymous Hotline	281-8406
Tree Problems	695-2162

Visitacion Valley Community Center

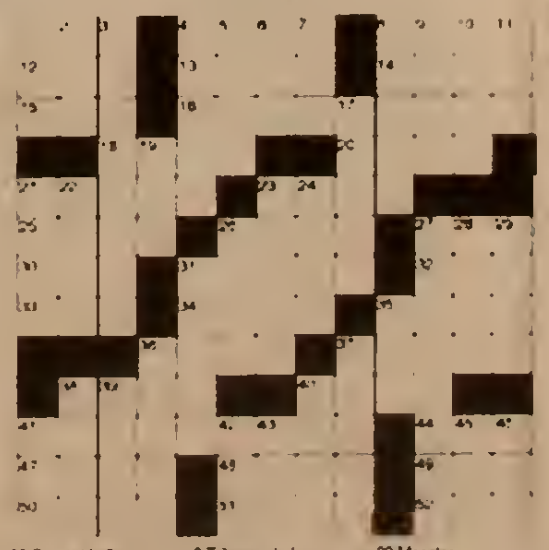
Mondays: Senior Shopping 11:30 a.m.; **Tuesdays:** Senior Ceramics 9:30 a.m.-4 p.m., Senior Bingo 12:30 p.m.; **Thursdays:** Sewing Class 9 a.m.-3 p.m. **VVCC Regular Board Meeting** is held on the 4th Thursday of each month at 5 p.m.

Grapevine Want Ads

VOLUNTEERS WANTED for VVCC After School Program to tutor children ages 5-14 at one of our 11 sites in the Visitacion Valley area. Interested persons contact Dee Smith, VVCC After School coordinator (415) 585-2059.

GRAPEVINE DISPLAY ADVERTISING: new limited-time rates: Full Page: $60; 1/2 Page $33.75; 1/4 Page $18.75; 1/8 Page $10, 1/12 Page $8; 1/16 Page $6. Generous discount for three or more insertions. Call (415) 467-9300 for more details. ***Want Ads:*** 20 words for $1. Extra line 50 cents. Ad and payment should be received by 15th of prior month at Visitacion Valley Grapevine, 50 Raymond Ave., San Francisco, CA 94134.

Crossword Puzzle



ACROSS
1 Vehicle compartment
4 Bad (pref.)
8 Legal weight of a rupee
12 Certified Public Accountant (abbr.)
13 Chin. Dynasty
14 Olive genus
15 Mulberry of India
16 Hing
18 Jutelander
20 Mother of Pollux
21 Dadaist
23 Carnage
25 Syphilis
26 Oaf
27 Palestine Liberation Organ. (Abbr.)
30 Lady's title
31 Civet
32 Limb
33 Adjective forming (suf.)
34 Thought
35 Bull (pref.)
36 Maple genus
37 Hop
38 Treatment
40 Stag
41 Acacia (2 words)
44 Edible seed
47 Viking
48 Adriatic seaport
49 Sphere
50 Concert halls
51 Fertilizer ingredient
52 Drop

DOWN
1 Circuit Court of Appeals (abbr.)
2 Amazon tributary
3 Alopecia
4 Sing
5 South African fox
6 Central Intelligence Agency (abbr.)
7 Dolt
8 Tribe symbol
9 Foul-smelling
10 Maiden loved by Zeus
11 Wider than AAAA
17 Overjoy
19 Donkey
21 Borden calf
22 New Zealand bird
23 Hard question
24 Sambar deer
26 Millrace
27 Boll (2 words)
28 Weakly colored (pref.)
29 Monster
31 Kitchen tool
35 Pitch
36 Brazilian timber tree
37 Rom. Province
38 Coagulated milk
39 Female friend (Fr.)
40 Employ
41 Man's name: abbr.
42 Father: Arabic
43 Exclude
45 Age
46 Warp yarn

Visitacion Valley Police Report

by Ingleside Captain Paul C. Chignell

Sunnydale Violence In Late August

There was an unfortunate flaring of violence in the Sunnydale area over the weekend of Aug. 21. At 3 a.m. on Saturday, Aug. 21, a domestic violence incident occurred on the 1600 block of Sunnydale Ave. where the suspect fled the scene. At 9:30 p.m. on Saturday, numerous gun shots rang out on the 1200 block of Sunnydale. A security guard was shot in the left forearm by an errant bullet. The victim was treated at San Francisco General Hospital for his wounds and released. No suspects have been identified.

At 9:30 p.m. on Sunday, Aug. 22, shots were fired in the parking lot at Sunnydale and Hahn Street. One bullet went through a window of a resident in the area. No one was injured and no suspects were identified.

At noon on Monday, Aug. 23. three suspects approached three other suspects and shots were exchanged at 400 Argonaut Avenue. Miraculously, no victims were found at the scene and no victims were reported at area hospitals.

Street Robbery on San Bruno Avenue

*An off duty Ingleside officer observed a street robbery on Saturday, Aug. 21 at 11 a.m. on the 3600 block of San Bruno. She called 911 and ran to the scene but the suspect escaped. However, the officer obtained a license number. and the investigation is continuing.

*An ongoing stalking and domestic violence incident was reported on the 3700 block of San Bruno Ave. The suspect has been identified.

*On Monday, Aug. 23 at 3 p.m. in the Crocker Amazon Playground, a five-year-old child and mother were set upon by a group of females trying to steal the child's bike. The suspects beat both victims and then fled on a Muni bus. Officers located the bus but the suspects had left before they arrived.

*A suspect was booked at midnight on Thursday, Aug. 19 on the 1800 block of Sunnydale for breaking a door down, making threats, beating his girlfriend and damaging a phone line.

Mugging on Leland Avenue

*At 10:30 p.m. on Monday, Aug. 23, a suspect approached a middle-aged man at 141 Leland Ave. and beat the victim, knocking him to the ground, demanding money. The suspect fled on Peabody Street.

*At the same time shots were heard at 1633 Sunnydale. There were no victims and the witnesses were uncooperative.

*On Wednesday, Aug. 25, a suspect entered a commercial establishment at 3574 San Bruno and attempted to steal some products. He then wrestled with the owner and fled the premises.

*On Friday, Aug. 27 there was a restraining order violation at 244 Schwerin St.

*On Thursday, Sept. 2 at 7:30 a.m., a burglary occurred on the 1900 block of Sunnydale. Clothes were taken. At 9:45 a.m. officers arrested a suspect on the 600 block of Velasco Ave. for aggravated assault, elder abuse and a parole violation.

*On Friday, Sept. 3 at 10 a.m., an employee of the Cow Palace was attacked by a group of suspects, beaten and his money taken at the corner of Santos Street and Brookdale Avenue. At 1 p.m., a homicide victim was found on the side of the road in McLaren Park. The victim, a 35-yea-old from Daly City had been stabbed in the neck. At 6 p.m., an arsonist set a picket fence on fire at 194 Talbert St. The Fire Department responded and put out the blaze.

*On Saturday, Sept. 4 at 7:30 p.m., a homeless victim was struck about the head with a metal object at Crocker Amazon Park.

*On Tuesday, Sept. 7 at 5 a.m., a victim was walking home from a bus stop on San Bruno Avenue. Suspects in a white, four door, sedan pulled along side him at Wilde Avenue and Girard Street. One suspect got out of the car, displayed a black firearm and demanded money. The victim started running in fear for his life. The suspect caught up to the victim and struck him three times in the head with the butt of the firearm causing bleeding. The victim struck the suspect in the throat area. The suspect tried to get the victim's money from his pants pocket and then fled to the waiting vehicle. The victim was treated for his injuries at San Francisco General Hospital.

*At 1 p.m. on Sept. 7, a dog fighting incident was reported at 165 Britton St. A large group of males were watching two dogs fight. A suspect in the incident was identified and one dog was impounded. At 1:30 p.m., numerous shots were fired at 25 Santos St. from a 1960s black Ford Mustang. No victim was found and no discernible witnesses would come forward. At 7:30 p.m., a shot was fired into a dwelling on the 1700 block of Sunnydale. There were no victims.

*On Wednesday, Sept. 8 at 2:30 a.m. a suspect was spotted driving recklessly on Blythdale and Santos. The officers attempted to stop him but he fled the area. At 11:30 a.m. a female victim was walking on the 1600 block of Geneva when a suspect ran up to her, grabbed her purse and fled towards Crocker Amazon Park. The victim fell to the ground and sustained minor injuries. At 9 p.m., two males were seen shooting weapons in front of 642 Velasco. Bullet casings were found at the scene after the suspects had fled the area.

*On Thursday, Sept. 9 at 11:15 a.m. a fire was reported at 1630 Sunnydale. Several apartment units were damaged but there were no injuries. At 10:30 p.m. a Muni driver was sitting in his bus on the 2000 block of Sunnydale. A vehicle came by and a suspect fired a shot at his back window and sped away. There were no injuries.

Sunnydale Robbery Arrests

On Friday, Sept. 10 at 9 a.m., officers from Ingleside Station assisted parole officers in a search of a premise on the first block of Blythdale. During the course of this assist and search the officers were able to link the three suspects arrested with a string of robberies that have occurred in the Ingleside. Two of the robberies occurred at Mission and Allison streets and at 79 Tioga Ave. Evidence was seized including property of the robbery victims, ammunition, narcotics and other items of value. The investigation is continuing with the inspectors from the Robbery Detail. The key to the case will be identification of the suspects which is difficult in these cases. This was outstanding police work. Kudos to Sgt. Tim Plyer, Sgt. Hector Sainez, and Officers Edgar Gonzalez, Kathy Pubill, Dan Borgfledt, Leonard Cueba, Francis Valiquette, Walter Contreras, and Rich Morgante.

*On Sept. 10 at 1 a.m., a suspect was arrested for domestic violence on the 700 block of Delta St. At 4 a.m., two victims went to get property from their vehicle at 79 Tioga when they were approached by two suspects who forced the victims on the ground, threatened to shoot them and then forcibly took their money and wallets. One suspect had a bandana over his head. They then fled to a waiting vehicle. At 5:50 a.m. a victim was walking in the area of 150 Ankeny St. when he was approached by two suspects, both with red bandanas on their faces and one armed with a black handgun. The victim was pushed to the ground, struck in the face with the handgun and his money and Muni pass were taken. At 5 p.m. a suspect was identified in a terrorist threats and domestic violence case on the first block of Brookdale.

*During the weekend of Sept. 11-12, three subjects were arrested on the first block of Blythdale for robbery, parole and probation violations; there was a felony no bail juvenile warrant on the 100 block of Blythdale; a missing juvenile returned to Santos and Blythdale; a missing juvenile returned to 2100 block of Geneva; a burglary on the first block of Brookdale with the loss of television; a damaged gate at Visitacion Valley Middle School; a threats case on the 100 block of Delta; an embezzlement on the 200 block of Raymond St.; a theft from a locked vehicle on the 500 block of Campbell; a vehicle vandalism on the first block of Brookdale; a theft from a locked vehicle from 140 Harkness; a suspicious occurrence regarding drugs on the 300 block of Harkness; and a *stay away* violation on the first block of Santos.

*On Sunday, Sept. 12 at 8:30 p.m. a woman living on the first block of Blythdale observed four subjects walking near 43 Santos with two of the subjects carrying firearms. She then heard a long series of gunshots and observed two groups shooting at each other. No victims were located and the suspects fled the area.

*On Monday, Sept. 13 at 3:30 p.m. a 17-year-old Balboa High School student attempted suicide by jumping off a roof of the school and landing approximately 40 feet below on the ground. Officers from Ingleside and medical personnel evacuated students, assisted distraught students and helped the victim. It appears the injuries are limited to broken bones. At 9:30 p.m. a witness in the Sunnydale area on the 100 block of Blythdale observed seven known criminals carrying assault weapons and automatic handguns, walking together and asking the witness where certain other individuals may be. She called the police but the suspects were gone when the officers arrived. At 9:50 p.m., numerous witnesses reported shots being fired in the area of Garrison and Sunnydale avenues and that six or seven suspects may have been involved. When officers arrived on the scene, bullet casings and bullet fragments were found in the area as well as bullet holes in vehicles. An exhaustive search revealed that the suspects had fled.

*On Tuesday, Sept. 14 at 7:45p.m. a domestic violence case was reported on the 200 block of Rey St. The suspect, who is the husband of the victim, struck his wife over the eye and kicked her. He fled before the officers arrived. At 9:30 p.m., 25 shots were fired near 2 Blythdale Ave. with some striking residences. No one was injured. Officers raced to the scene but the suspects had fled.

Residences Searched On Santos Street

In order to prevent and control the violence in the Sunnydale Housing area, search warrants were executed On Wednesday, Sept. 15 on two residences on the first block of Santos. Based upon information garnered by officers from the Ingleside Station, officers from Narcotics, Gang Task Force, Homicide, Tactical and Ingleside searched the residences and recovered a machine pistol and a .45 caliber automatic. One subject was arrested and the investigation is continuing. These residences are known to be frequented by individuals who have been reported as armed and loitering in the neighborhood in recent days. We will continue to utilize investigative and enforcement methods to remove firearms and bring into the criminal justice system those individuals who are perpetrating violence in the community.

*On Sept. 15 at 11:00 a.m., an arrest of a subject involved in terrorist threats and drug activity in the 100 block of Tucker St. At 2:12 p.m. a battery case was reported at Sunnydale and Hahn. At 2:30 p.m., an arrest of a subject in possession of drugs, probation violation and resisting arrest at McDonald St. and Bayshore. At 4:30 p.m., an arrest was made of a subject at Santos and Sunnydale for a no-bail warrant for cocaine dealing. At 5:20 p.m., an arrest was made of a student at Burton High School for drugs and theft. At midnight, an arrest was made on the 200 block of Hahn St. of a subject for terrorist threats on a domestic violence case.

Crime Summaries

*Aug. 17: 1 p.m., Geneva Ave. at Walbridge St., recovery of stolen vehicle.
*Aug 18: 11:36 p.m., Harkness Ave. & Girard St., vandalism of vehicles.
*Aug. 19: 8:36 p.m., 000 block of McCarthy Ave., simple assault, battery.
*Aug. 19: 8:36 p.m., 000 block of McCarthy Ave., malicious mischief, vandalism.
*Aug. 20: 3:30 p.m., Campbell Ave. near Rutland St., stolen auto.
*Aug. 20: 3:30 p.m., Campbell Ave. near Rutland St., recovery of stolen vehicle.
*Aug. 21: 7:30 p.m., Leland Ave. & Schwerin St., vandalism of vehicles.
*Aug. 22: 9:30 p.m., 1500 block of Sunnydale Ave., aggravated assault with gun.
*Aug. 24: 8 a.m., Girard St. near Olmstead St., burglary of residence, forcible entry.
*Aug. 25: 7:05 p.m., San Bruno Ave. near Wilde Ave., robbery of commercial establishment, strongarm.
*Aug. 25: 8:10 p.m., Girard St. near Olmstead St., stolen truck.
*Aug. 25: 8:10 p.m., Girard St. near Olmstead St., recovery of stolen vehicle.
*Aug. 26: 2 p.m., 000 block of Brookdale Ave., burglary of residence, forcible entry.
*Aug. 26: 9 p.m., Blythdale Ave. & Hahn St., grand theft from locked auto.
*Aug. 28: 3 a.m., Goettingen St. near Mansell St., malicious mischief, vandalism of vehicles.
*Aug. 28: 2:30 p.m., San Bruno Ave. near Ward St., burglary of residence, unlawful entry
*Aug. 29: 12:01 a.m., 100 block of Brookdale Ave., malicious mischief, vandalism.
*Aug. 30: 8 a.m., San Bruno & Teddy Aves., stolen truck.
*Aug. 31: 8:30 a.m., 400 block of Rey St., grand theft from locked auto.
*Sept. 1: 1 p.m., Leland Ave. near Desmond St., stolen truck.
*Sept. 2: 2 p.m., 1500 block of Sunnydale Ave., stolen auto.
*Sept. 2: 2 p.m., 1500 block of Sunnydale Ave., recovery of stolen vehicle.
*Sept. 3: 9 a.m., 300 block of Raymond Ave., stolen motorcycle.
*Sept. 4: 10 a.m., 000 block of Nibbi Ct., stolen truck.
*Sept. 4: 4 p.m., 1600 block of Sunnydale Ave., domestic violence, threats, false imprisonment.
*Sept. 4: 10 p.m., 000 block of Nibbi Ct., recovery of stolen vehicle.
*Sept. 4: 2:27 a.m., 000 block of Blythdale Ave., malicious mischief, vandalism.
*Sept. 5: 3:05 p.m., 100 block of Hahn St., burglary of residence, unlawful entry.
*Sept. 5: 3:05 p.m., 100 block of Hahn St., possession of base/rock cocaine.
*Sept. 5: 10 p.m., 000 block of Brookdale Ave., felony domestic violence.
*Sept. 5: 11 p.m., Santos St. & Brookdale Ave., juvenile warrant arrest from Oakland.
*Sept. 6: 9 p.m., 200 block of Blythdale Ave., restraining.
*Sept. 7: 2:45 a.m., Peninsula & Blanken Aves., robbery on street with gun.
*Sept. 7: 9:40 a.m., 1500 block of Sunnydale Ave., burglary of residence, forcible entry.
*Sept. 9: 6:11 p.m., Blanken & Tunnel Aves., recovery of vehicle stolen outside S.F.
*Sept. 10: 9:01 a.m., 000 block of Blythdale Ave., robbery on street with gun.
*Sept. 11: 1 a.m., Teddy Ave. & Delta St., stolen auto.
*Sept. 11: 1 a.m., Teddy Ave. & Delta St., recovery of stolen vehicle.
*Sept. 13: 2 p.m., Leland Ave. & Rutland St., stolen truck.
*Sept. 16: 6 a.m., 200 block of Schwerin St., DUI arrest.
*Sept. 16: 9:16 a.m., 400 block of Peninsula Ave., recovery of vehicle stolen outside S.F.
*Sept. 16: 12 midnight, 400 block of Argonaut Ave., mental health detention.
*Sept. 17: 6 a.m., Harkness Ave. & Girard St., stolen auto.

Visitacion Valley Business Directory

Valley business and organization free listings in the 415 area code. Call the Grapevine at (415) 467-9300.

AUTOMOTIVE
BAYSHORE AUTO, 2260 Bayshore Blvd., 467-6130
BAYSHORE SERVICE, 2596 Bayshore Blvd., 239-5239
CHARLIE'S GARAGE, 2550 Bayshore Blvd., 239-7450
T.W AUTOMOTIVE (mechanic), 2500 Bayshore Blvd., 585-8281
VALLEY AUTO & TRUCK SUPPLY (Bill Conte), 2520 Bayshore Blvd., 239-5880
BANK
BANK OF AMERICA, 6 Leland Ave., 622-4501
BAKERS
JESUS BAKERY, 98 Leland Ave., 587-7721
LITTLE QUIAPO BAKE SHOP, 169 Leland Ave., 239-2253
BARBERS
DeMASI'S BARBER SHOP, 35 Leland Ave.
THE SHOP (JB), 178 Leland Ave., 239-6709
BEAUTICIANS
BODY, SOUL & SPIRIT, 222 Leland Ave., 333-7261
MAY MAY BEAUTY SALON, 60 Leland Ave., 337-9381
MIZ RENA'S SALON, 19 Blanken Ave., 467-3399
NAILS BY JENNY, 50 Leland Ave., 333-6800 *WHO'S BADD*, 224 Leland Ave., 657-3156
BLIND CLEANING
SPEEDY ULTRASONIC BLIND CLEANING (commercial and residential), 1116 Girard St., 467-7506
BOARDING HOUSE
ABLE'S CASA, 850 Rutland St., 333-4664, fax 333-4693
BOOKKEEPERS
AMY ARAGON, PROFESSIONAL BOOKKEEPER, 467-8927
VERNA WALLACE E.A., 2320 Bayshore Blvd., 239-5333
CARPETS
HANSAN INTERIORS, 41 Leland Ave., 333-6382
CASKETS
CASKETORIUM, INC., 93 Leland Ave., 585-3451
CHURCHES
CHURCH OF THE VISITACION, 655 Sunnydale Ave., 239-5950
IGLESIA EL ESPIRITU SANTO, 38 Leland Ave.
KOREAN FIRST PRESBYTERIAN CHURCH, 333 Tunnel Ave., 468-1213
RIDGE VIEW UNITED METHODIST CHURCH, 590 Leland Ave., 239-5457
ST JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 586-6381
VALLEY BAPTIST CHURCH, 305 Raymond Ave., 467-6055
VISITACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503
COFFEE
HAPPY DONUT, 2600 Bayshore Blvd., 469-5309
PICCOLO PETE'S EUROPEAN COFFEE, 2155 Bayshore Blvd., 467-2442
DAY CARE
CAROUSEL DAY CARE, 261 Hahn St., 469-5353
DENTIST
VISITACION VALLEY DENTAL OFFICE (Albert Kuan, DDS), 37 Leland Ave., 239-5500
DEVELOPERS
VISITACION VALLEY COMMUNITY DEVELOPMENT CORPORATION, 333 Schwerin St., 587-7895
ELECTRICAL
TATE ELECTRIC (Joel Tate), 467-4657
FLORISTS
IL FIORE FLOWERS, 2466 San Bruno Ave. 468-0145
GARDEN ORNAMENTS
SILVESTRI GARDEN ORNAMENTS, 2635 Bayshore Blvd., 239-5990
GROCERS
E-Z STOP MARKET, 2203 Geneva Ave., 585-9240
FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300
K.C. MARKET, 400 Wilde St., 467-3024
LITTLE VILLAGE MARKET, 1450 Sunnydale Ave., 586-1815
M & M SHORTSTOP, 2145 Geneva Ave., 585-0878
PICCOLO PETE, 2155 Bayshore Blvd., 468-6800
SARI-SARI FOOD STORE, 58 Leland Ave., 239-0580
7-11, 2200 Bayshore Blvd., 468-8646
SHUN LEE MARKET, 2400 Bayshore Blvd., 586-4851
SMITTY'S MARKET, 2610 Bayshore Blvd., 239-5506
SUPER FAIR MARKET, 201 Leland Ave., 239-6856
TEDDY'S MARKET, 298 Teddy Ave.
VALLEY SUPER MARKET, 65 Leland Ave., 239-7520
HERBS
SAN ON HERBS, 33-A Leland Ave 333-7469
HYPNOTHERAPY
VALERIE HABEGGER-HYPNOTHERAPY, 371 Teddy Ave., 468-5631
INSURANCE
EDIE FEPPS (A.H.E. INSURANCE), 467-0236, *Fax* 467-0276
ROBERT LEHMAN, CLTC, CMFC, 333-0850
ALICE L. WONG, 160A Leland Ave., 337-8811
KITCHEN CABINETS
LEE CHANG INTERNATIONAL, INC., 25 Leland Ave., 333-2730, *fax* 333-1706
LAUNDRY/CLEANERS
BAY WASH, 44 Leland Ave.
CITY WASH INTERNATIONAL, 83 Leland Ave., 333-9467
COIN WASH & DRY LAUNDRY, 186 Leland Ave.
FORTY-NINER CLEANERS, 51 Leland Ave., 239-6418
LELAND AVENUE CLEANERS, 151 Leland Ave., 586-1412
VALLEY LAUNDRY, 90 Leland Ave.
VISITACION VALLEY LAUNDRY, 108 Leland Ave., 239-9030
LEARNING
3-N-1 LEARNING ACADEMY, 240 Leland Ave., 584-8555
VISITACION VALLEY COMMUNITY BEACON CENTER, 450 Raymond Ave., 452-4907
VISITACION VALLEY FAMILY SCHOOL, 325 Leland Ave., 586-8320
LIBRARY
VISITACION VALLEY BRANCH, 45 Leland Ave., 239-5270
LODGING
THRIFTLODGE, 2011 Bayshore Blvd., 467-8811
MANUFACTURER
NATIONWIDE PAPER, 345 Schwerin St., 586-9160
MEDICAL
AMERICAN RED CROSS, BAY AREA CHAPTER, 1704 Sunnydale Ave., 584-3620
HAWKINS VILLAGE MEDICAL CLINIC (Dept. of Public Health), 333 Schwerin St., Appointments: 715-0310
DR. SAM HO, MD, 9 Silliman St. No. 4, 337-6135
NORTH EAST MEDICAL SERVICES, LELAND AVENUE, 82 Leland Ave., 391-9686 (ask for Leland Avenue clinic)
PORTOLA FOOT & ANKLE CLINIC (Dr. Divyang Patel) 2858 San Bruno Ave. 467-7500
NOTARY
ROYAL PACIFIC MORTGAGE & REALTY, 46 Leland Ave., 333-4900
ORGANIZATIONS
ASIAN PACIFIC AMERICAN COMMUNITY CENTER, 2442 Bayshore Blvd., 587-2689
GENEVA TERRACE PROPERTY OWNERS ASSOCIATION, 60 Burr Ave., 584-2700
GIRLS AFTER SCHOOL ACADEMY, 2050 Sunnydale Ave., 333 Schwerin St., 584-4044
JOHN KING SENIOR COMMUNITY, 500 Raymond Ave., 239-6233
LELAND HOUSE, 141 Leland Ave., 405-2000
ROCK (Real Options for City Kids), 590 Leland Ave., 333-4001
VISITACION VALLEY SENIOR CENTER, 66 Raymond Ave., 467-4499
PHARMACY
VISITACION VALLEY PHARMACY, 100 Leland Ave., 239-5811
PHOTOGRAPHER
WALTER CORBIN PHOTOGRAPHY (freelance), 435 Sawyer St., 587-9471, fax 337-8620
PLUMBING
MARK VOELKER PLUMBING, 99 Arleta Ave., 467-7401
POST OFFICE
VISITACION USPO, 68 Leland Ave., (800) 275-8777
REAL ESTATE
Cathy Kline Saunders, (Zephyr Real Estate), 215 West Portal Ave 731-5011 ex: 163
RESTAURANTS
CLIFF'S BAR-B-Q & SEAFOOD, 2177 Bayshore Blvd 330-0736, Fax 330-9813
4 EVERYDAY PEOPLE, 107 Leland Ave., 308-5673
G & L BAKERY & RESTAURANT, 198 Leland Ave., 239-6283
SUN FAI RESTAURANT, 30 Leland Ave., 587-2763
LUAN FAT BAKERY, 110 Leland Ave., 585-1167
RUSSIA HOUSE, 2011 Bayshore Blvd., 467-0252
SHIREL'S SOUL FOOD, 107 Leland Ave., 239-5141
TWO JACK'S RESTAURANT, 167 Leland Ave., 337-0433
Y & G RESTAURANT, 73 Leland Ave., 469-5686
SCULPTOR
CARTORIGINALS (Mikal Cartor), 2 Hahn St., 239-4138
SELF-DEVELOPMENT
DYNAMIC DEVELOPMENTS (Marprie Ann Williams, CEO, Career and Self-Enhancements Specialist) 467-7606
SERVICE PROVIDERS
THE VILLAGE, 333 Schwerin St., 239-5045
VISITACION VALLEY BILINGUAL EDUCATION, SUPPORTIVE SERVICES & TRAINING (VVBESST), 120 Leland Ave., 586-7347
VISITACION VALLEY COMMUNITY CENTER (VVCC), 50 Raymond Ave., 467-6400
VVCC FAMILY & COMMUNITY SERVICES CENTER, 161 Leland Ave., 586-6998, Fax 586-8027
VISITACION VALLEY JOBS, EDUCATION AND TRAINING (VVJET), 333 Schwerin St., 239-2866
SIGNS
SMITH'S SIGNS, 153 Leland Ave., 333-2700
TAVERN
THE CLUB HOUSE, 25 Blanken Ave
TELEPHONE
O & A WIRELESS, 78 Leland Ave., 452-4139
VARIETY
GOLDEN 99 CENTS ZONE, 5-7 Leland Ave., 333-3923
VIDEO
No. 1 VIDEO RENTAL, 144 Leland Ave., 586-1038

Getting a Handle on Consumer Credit

by John Addison

Here are five potential traps to avoid when it comes to handling consumer credit. The advice comes from Primerica Financial Services.

1. *Low Minimum Payments:* Credit card companies set this trap recently by lowering their minimum required payments from five percent to two percent. While low payments may seem helpful, they actually create problems for those trying to take control of their finances.

To avoid this credit card trap pay your balance in full each month. If you can't do this, pay as large a portion as you can, or at least pay more than the minimum.

2. Avoid unsolicited offers for new credit cards. You probably receive at least eight of them a month-loan offers for thousands of dollars. Keep temptation at bay: reduce the amount of direct mail credit offers you receive by calling 1-888-5-OPTOUT. This removes your name from pre-screening lists at the three major credit bureaus.

3. *Introductory APRs:* The companies may try to lure you with low introductory Annual Percentage Rates (APRs) of 4.13 percent, the current introductory average. But after a honeymoon period, that "platinum" rate jumps an average of 264 percent. Protect yourself by shopping around before accepting any offer and read the fine print.

4. *Late Fees:* Late fees have ensnared millions, and the average fee has more than doubled in the past five years, to as much as $35.

To avoid extra fees, mail your payment as soon as possible upon receipt of your bill. Look for cards with late fees of less than $20 and grace periods of at least 25 days.

5. *Punitive APRs and Hidden Fees:* After just one late or missed payment, most companies will hike your rate to as high as 29 percent until you pay on time for a full year. Another trend is hidden "minimum" fees for transactions like balance transfers and cash advances.

Your best defense: Think carefully before accepting any offer. Odds are you'll wind up paying more than you bargained for.

The financial professionals at Primerica have created a guide that shows you how to take control of your financial life. To get a copy of *How Money Works*, write to Primerica, 3120 Breckenridge Blvd., Duluth, GA 30099, ATTN: Corporate Relations, call 770-564-6329 or visit www.primerica.com.

John Addison is Co-CEO and president of Primerica, a subsidiary of Citigroup, Inc. NAPS

October Composting And Gardening Classes

**Urban Composting:* Saturday, Oct. 2, 10 a.m.-12 noon. Turn your kitchen scraps into a rich soil amendment for your plants. Join us at the Garden for the Environment and learn how to turn that garbage into garden gold! Garden for the Environment, 7th Ave. at Lawton Street. Free!

**Water Systems: Catchment, Storage and Use:* Oct. 16, 10 a.m.-1p.m. Learn ways to catch some of the winter rainfall for use during the dry summer season. This workshop will cover simple projects you can implement in urban areas in order to minimize the amount of water used in gardening and landscaping at the Garden for the Environment, 7th Ave. at Lawton St. Pre-registration required. This workshop is part of a *Resource Efficient Landscaping Education Program*. Please call 731-5627 for a class listing or to pre-register. Free!

**Native Plant Landscaping:* Oct. 30, 10 a.m.-1 p.m. This class covers the benefits of using native plants in local landscapes and gardens. Learn to select and care for native plants in San Francisco's climate at the Garden for the Environment, 7th Ave. at Lawton St. Pre-registration required. This workshop is part of our *Resource Efficient Landscaping Education Program*, please call 731-5627 for a class listing or to pre-register. Free!

Neighborhood Rescue Team in the Bayview

From Page 1

city codes (including health codes, building codes, fire codes and others) for a single, combined property inspection where mismanagement, neglect and even wanton lawlessness may threaten the health and safety of tenants and neighbors.

Backed by an aggressive litigation strategy, the Code Enforcement Task Force has witnessed great success in eliminating bureaucratic delays, obtaining comprehensive assessments of code violations, and obtaining tough, enforceable results-often by court order-at specific properties.

By expanding collaborative efforts to include additional City departments and functions-and even reaching beyond City government to engage such agencies as the California Alcoholic Beverage Control, the Bayview Neighborhood Rescue Team equips enforcing agencies to more effectively combat a wider range of problems than those found at specific properties alone.

Targeting broader, neighborhood-scale nuisances such as drug and gang-related activity, illegal dumping, and excessive noise, an aggressive legal strategy will continue to be the linchpin of the team's collaborative efforts, with an expanded partnership with District Attorney Kamala Harris's office enabling city officials to pursue the full panoply of civil and criminal remedies to eradicate longstanding public nuisances.

Construction Continues on Bayshore Overpass

Track installation and overpass construction continued on Segment E of the Third Street Light Rail along Bayshore Boulevard adjacent to US101.

Meanwhile, traffic in the surrounding area of Bayshore and Hester Avenue moved slowly but safely through a series of complicated detours.

San Francisco Ghost Stories Featured at Historical Society Program

San Francisco author and historian Rand Richards will read selections from his new book, *Haunted San Francisco Ghost Stories from the City's Past*, at the Oct. 12 program of the San Francisco Museum and Historical Society.

The stories are a mix of journalism, folklore, and just pure imagination that span 150 years and include the works of Mark Twain and Jack London.

The program takes place at the Columbarium, One Lorraine Court, one block south of Geary Boulevard off Anza Street.

The Society's monthly programs are held on the second Tuesday of each month, starting with a reception at 7 p.m. Programs are free to the public and no reservations are needed. For more information, please call (415) 775-1111 or visit www.sfhistory.org.

Family & Community Services Center

Visitacion Valley Community Center, Inc.

Classes at
Visitacion Valley Community Center,
50 Raymond (Ceramic Room)

Free Consultation (appointment or drop-in)
with S.F. Health Plan Coordinator;
Low-Cost Health Insurance
Every Wednesday, 9 a.m. -4:30 p.m.

Men's Support Group
Every Tuesday & Thursday, 6-8 p.m.

Women's Support Group
Every Wednesday, 5:30-7:30 p.m.

For more information, contact
the following staff members:
Meriam T. Abalos, FCSC Coordinator
Marichelle Punzalan, Asst. Coordinator
Joanna Wong, Counselor
Tammie Lawrence, Outreach Worker
Han Chen, Intern Social Worker

Monday and Friday: 9 a.m. - 4:30 p.m.
Tuesday, Wednesday, Thursday: 9 a.m. - 7 p.m.
Saturday: 9 a.m. - 3:30 p.m.

Parents Advisory Council Meeting, Friday, Oct. 1,
5:30-7 p.m. at 325 Leland Ave..

Nutrition Class, Tuesday, Oct. 5, 12 and 19 (last day)
5:30-7:30 p.m. at 325 Leland Ave.

Meet and Eat, with Parent and Child Activities
Friday, Oct. 8, 15 and 22,
5:30-7 p.m. at 50 Raymond Ave.
Free games for children!

Father Support Group: Saturday Oct. 16,
11 a.m.-12 noon at 50 Raymond Ave.

Parents Support Group: Saturday, Oct. 23,
11 a.m.-12 noon at 50 Raymond Ave.

Free Food Distribution from 12:30 to 2 p.m.,
Saturdays, Oct. 2, 9, 16 and 23 at 161 Leland Ave.
Pre-registration every Tuesday and Wednesday from 10:30-11:30 a.m. at 161 Leland Ave.

161 Leland Avenue **(415) 586-6998 Fax 586-8027**